

# Understand and Live the Gospel of Christ

## How Can I Better Understand and Live the Gospel?

Faithful members of the Church should be like oak trees and should extend deep roots into the fertile soil of the fundamental principles of the gospel. We should understand and live by the simple, basic truths and not complicate them. Our foundations should be solid and deep-rooted so we can withstand the winds of temptation, false doctrine, adversity, and the onslaught of the adversary without being swayed or uprooted.

Elder Joseph B. Wirthlin (1917–2008), Quorum of the Twelve Apostles

Spiritual nourishment is just as important as a balanced diet to keep us strong and healthy. We nourish ourselves spiritually by partaking of the sacrament weekly, reading the scriptures daily, praying daily in personal and family prayer, and performing temple work regularly. Our spiritual strengths are like batteries; they need to be charged and frequently recharged.

“Deep Roots,” *Ensign*, Nov. 1994, 75

Sisters, now more than ever, we need women to step up and be strong. We need women who declare the truth with strength, faith, and boldness. We need women to set an example of righteousness. We need women to be ‘anxiously engaged in a good cause.’ We need to live so that our lives bear witness that we love our Heavenly Father and the Saviour Jesus Christ and that we will do what They have asked us to do.

Barbara Thompson, Relief Society general presidency. “Now Let Us Rejoice,” *Liahona & Ensign*, Nov. 2008, 116

**2 Nephi 31:12: “Follow me, and do the things which ye have seen me do.”**

## How Does Understanding and Living the Gospel Bless Lives?

As we strive to understand, internalize, and live correct gospel principles, we will become more spiritually self-reliant. ... I testify as an Apostle of the Lord Jesus Christ that He lives, that the gospel is true, and that it offers the answers to all personal and collective challenges the children of God have on this earth today.

President Dieter F. Uchtdorf, Second Counsellor in the First Presidency. “Christlike Attributes—the Wind beneath Our Wings,” *Liahona & Ensign*, Nov. 2005, 100, 101

The plan of happiness is available to all of his children. If the world would embrace and live it, peace, joy, and plenty would abound on the earth. Much of the suffering we know today would be eliminated if people throughout the world would understand and live the gospel.

Elder M. Russell Ballard, Quorum of the Twelve Apostles. *Answers to Life’s Questions*, *Ensign*, May 1995, 23

We must live the gospel in such a way that we will have the Spirit to ever be with us. If we live worthily, the Spirit will always be with us. We can then teach by the Spirit. ... The reason we pray, study the scriptures, have good friends, and live the gospel through obedience to the commandments is so that when—not if, but when—the trials come, we are ready.

Elder Robert D. Hales, Quorum of the Twelve Apostles: *Teaching by Faith*, *Liahona*, Sept. 2003, 10, 14–15; *Ensign*, Sept. 2003, 20, 24–25

