

Mothers Who Know *Julie B. Beck, Relief Society General President (Ensign, Nov 2007, 76–78)*

In the Book of Mormon we read about 2,000 exemplary young men who were exceedingly valiant, courageous, and strong. “Yea, they were men of truth and soberness, for they had been taught to keep the commandments of God and to walk uprightly before him” ([Alma 53:21](#)). These faithful young men paid tribute to their mothers. They said, “Our mothers knew it” ([Alma 56:48](#)).

The responsibility mothers have today has never required more vigilance. However, mothers need not fear. When mothers know who they are and who God is and have made covenants with Him, they will have great power and influence for good on their children.

Mothers Who Know Bear Children

- Young couples should not postpone having children
- Some women are not given the responsibility of bearing children in mortality, but just as Hannah of the Old Testament prayed fervently for her child (see [1 Samuel 1:11](#)), the value women place on motherhood in this life and the attributes of motherhood they attain here will rise with them in the Resurrection (see [D&C 130:18](#)).
- Women who desire and work toward that blessing in this life are promised they will receive it for all eternity, and eternity is much, much longer than mortality.

Mothers Who Know Honour Sacred Ordinances and Covenants

- I have visited sacrament meetings in some of the poorest places on the earth where mothers have dressed with great care in their Sunday best... they bring daughters in clean and ironed dresses with hair brushed to perfection; their sons wear white shirts and ties and have missionary haircuts.
- These mothers have made and honour temple covenants.

Mothers Who Know Are Nurturers

- Mothers who know create a climate for spiritual and temporal growth in their homes.
- Home is where women have the most power and influence; therefore, Latter-day Saint women should be the best homemakers in the world.
- Working beside children in homemaking tasks creates opportunities to teach and model qualities children should emulate.

Mothers Who Know Are Leaders

- Mothers who know are leaders. In equal partnership with their husbands, they lead a great and eternal organization.
- They plan for missions, temple marriages, and education. They plan for prayer, scripture study, and family home evening.

Mothers Who Know Are Teachers

- Mothers who know are never off duty. A well-taught friend told me that he did not learn anything at church that he had not already learned at home.

Mothers Who Know Do Less

- Mothers who know do less. They permit less of what will not bear good fruit eternally. They allow less media in their homes, less distraction.
- Mothers who know are willing to live on less and consume less of the world’s goods in order to spend more time with their children.
- Their goal is to prepare a rising generation of children who will take the gospel of Jesus Christ into the entire world.

Mothers Who Know Stand Strong and Immovable

- Who will prepare this righteous generation of sons and daughters? Latter-day Saint women will do this—women who know and love the Lord and bear testimony of Him, women who are strong and immovable and who do not give up during difficult and discouraging times.
- Latter-day Saint women should be the very best in the world at upholding, nurturing, and protecting families.

Seed of Faith, by Jay Ward

Young mothers such as this one were among the Anti-Nephi-Lehies who, the scriptures say, believed the gospel and “never did fall away” (Alma 2:6). Their testimonies of Christ would lead their sons who fought with the 2,000 stripling warriors to say: “We do not doubt our mothers knew it” (Alma 56:48).